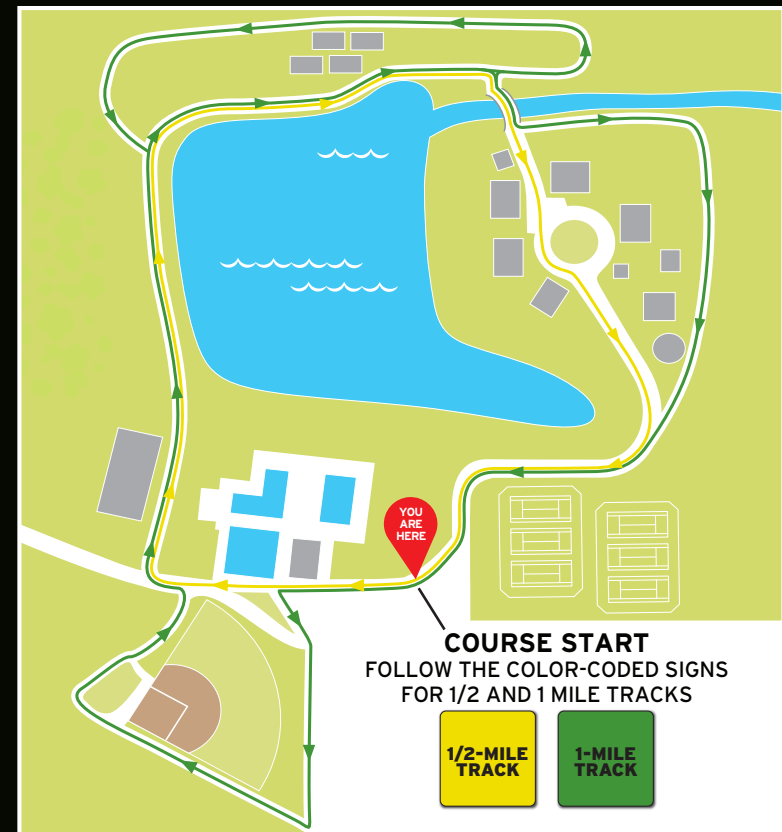


# welcome to the MJCCA RUNNING TRAIL

The MJCCA is dedicated to the wellness of our community. We invite you to enjoy this natural trail as part of your wellness routine. Complete the mile or half-mile loop, take advantage of the workout stations throughout the course, or simply enjoy the outdoors on our beautiful MJCCA campus.

## TRAIL RULES:

- Follow the yellow markers for 1/2-mile course
- Follow the green markers for 1-mile course
- Please enjoy the trail at your own risk
- Please keep to the right so that others may pass
- Please be respectful of other trail users and of our neighbors
- Trail open from dawn until dusk
- Trail closed during summer camp hours  
(approximately 8:30 am-4:30 pm June through mid-August)
- No pets allowed
- No littering



Dedicated with love in honor of our children  
**Jessica and Justin**  
by Randi and Elliot Siegel