

# ATTN: BLAST Fitness Members

# Continue Your Workout, Right Around the Corner!

The MJCCA is honoring all **BLAST Fitness Memberships through August 31**. Come workout while you try out Dunwoody's most exceptional Fitness Center.

**Our doors are open to everyone, 7 days a week!**



**FitLine**  
FUNCTIONAL FITNESS

## FREE WEEK\*

- Unlimited class participation
- Various times per day
- Coach-led small groups
- Varied strength and cardio workouts

\*Restrictions apply

**We've got EVERYTHING you need and SO MUCH MORE:**

- Les Mills® Classes
- 65+ Group Fitness Classes Weekly
- Full-Service Fitness Facility including Cardio and Weight Training
- Certified Personal Trainers
- Indoor/Outdoor Pools
- Stott® Pilates Studio
- Lighted Tennis Courts
- Whirlpool/Sauna

## BLAST FITNESS MEMBER SPECIAL:

**BLAST FITNESS MEMBERS WORKOUT AT THE MJCCA FREE UNTIL AUGUST 31!**

Just stop by our Membership Office for your pass.

**BLAST FITNESS MEMBERS JOIN FOR \$29 A MONTH\***  
Registration fee waived!

*\*For first 3 months.  
Only available to non-members of the MJCCA*

**ALREADY AN MJCCA MEMBER?**  
Upgrade to a Total Health membership for 50% off the upgrade for the next 12 months.

**Refer-a-Friend** who joins for one year and receive a free month for yourself.

