

Basic Pool Rules and Swimming Etiquette

May 2011 - September 2011

- **Membership:** A valid membership is required to access the pool facility. All members must present a valid membership card to personnel each time they visit the pool. Guest can enter with a member for \$5 per guest.
- **CHILDREN** 12 and under must be accompanied by an adult in and around the pool.
- **Snack Bar:** The snack bar will open Monday - Friday at 4pm until close and all day on Saturdays and Sundays.
- **Aqua Aerobics:** Sundays from 10am-11am in the Zaban Park lower pool. Children are not allowed in the pool during this class. The gates will open at 9:45am for participants. They will be allowed in the water beginning at 10am.
- **Zaban Park Swim Team:** Swim Team practices in the lower pool from 4:15pm-6:30pm, Monday – Thursday and 4:15pm-5:15pm on Fridays from May 16th to June 24th. Zaban swim team home meets are TBA. There is no guarantee there will be a lap lane available during swim team practice. Please schedule your swim accordingly.
- **Zaban's Lower Pool:** Children are encouraged to play in the upper pool on the weekends. Please be considerate of those members swimming laps. Swim lessons will be taught in the lower pool.
- **Starting Blocks:** Starting blocks can be used by swim team and swim lessons only.
- **Lap Swimming:** Lap swimmers are encouraged to share the lanes. Two swimmers per lane are permitted. If swimmers are waiting, please limit your swim to 30 minutes. Please see the supervisor on duty with any questions.
- **Lane Lines:** subject to change 5 minutes prior to scheduled activity.
- **The Lake at Zaban Park:** There will be a lifeguard at the lake on Saturdays and Sundays from 11am-5pm to allow members to use the boats, kayaks, canoes and to fish. Personal flotation devices must be worn at all times while using a craft. You must provide your own fishing equipment.
- **Infants/Toddlers:** are required to wear swim diapers. Lifeguards have the authority to check diapers before the child enters the pool.
- **Closing Policy:** All members must be out of the pool 10 minutes prior to the closing of the facility.
- **Weather:** Our facility is equipped with a lightning warning system that alerts us when lightning is within a few miles. The warning allows us ample time to clear the pool area before lightning is within close range
- **Floats:** Large floats are not permitted.
- **Personal Flotation Devices (PFD):** Must be US Coast Guard Certified. A parent/guardian must be within arms reach of each using a PFD.
- **Snack Bar Accounts:** Set yours up at atlantajcc.org or at the Zaban Park snack bar
- **No glass containers...No alcohol allowed in the pool area... No Smoking.**
- **The indoor pool will be open from 8am-12pm on Saturdays from Memorial Day to Labor Day.**
- **Splash Pad:** All pool rules apply. Children 12 and under must be accompanied by an adult.
- **Pool Parties:** For more information or to schedule your party please contact Ashley.cohen@atlantajcc.org
- **For a complete list of MJCCA Aquatic Programs and Pool Rules please visit our website at www.atlantajcc.org.**

Contact Information:

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