

MJCCA Gymnastics Parents Meeting Summary June 2, 2009

- Introduction by Mike Wise
 - **New gymnastics facility is a go!!!**
 - Construction slated to begin this August
 - Some fundraising efforts will be needed for equipment fund
 - Goal to open new facility by late winter/early Spring 2010
- My vision for the program
 - Working on a vision statement for program
 - Will be tweaked→ “Our goal is to promote the best gymnastics environment for children and young adults and enable them to reach their full potential while providing helpful instruction, positive reinforcement, and a constructive environment.”
 - Implement structure in the gym
 - Implement an effective strength, conditioning, and flexibility program
 - More discipline in the gym
 - Every gymnast on every piece of equipment at every practice
 - Good attitudes
- Gave brief explanation of individual levels
 - Pre-team, Level 3-6, Prep-Op
 - Briefly described higher levels (Level 7-10) which will become reality with new facility
- Perfecting levels before moving to the next (Go to www.atlantajcc.org/gymnastics and click on Teams. Level skills sheets can be found on the download section on the left side.)
 - I will be evaluating each individual this summer
 - To move levels:
 - Based on several factors
 - Qualifications as set forth by USA Gymnastics
 - Recommendation by child’s coach
 - My evaluation
 - A few more factors:
 - Making sure each child finds enjoyment at her level
 - Making sure your child has the skills necessary to compete at her level and be successful
 - It’s ok to repeat levels: For example, as a gymnast myself, I competed level 5 AAU, level 5 USA, 2 seasons at level 6, and 3 seasons of level 9 before competing level 10 and eventually receiving a college scholarship
 - End of Summer parent meetings
 - Meetings will be by level
 - Individual meetings as necessary
- Staff (Current and future staff)
 - I will be evaluating staff this summer
 - Some coaches will need additional training
 - Potential changes
 - Hire a team coach with upper level gymnastics experience
 - This is one of my top priorities this summer

- Would like to have someone in place by the end of summer
 - Will be diligent in hiring process to ensure the right person is brought in
 - Staff lesson plans will be developed
 - Each staff member will develop a lesson plan with me
 - Goal sheets for every gymnast
 - Mandatory staff meetings
 - Monthly and bi-monthly meetings
 - Individual meetings with me as needed
 - Ensure staff never loses sight of the MJCCA Gymnastics vision
- Communication between the Director and the parents
 - Develop a bi-monthly newsletter for all parents with announcements and updates
 - Looking to begin in late summer/early fall
 - Communication between parents and coaches
 - Feel free to speak to the coaches regarding your child, but please limit discussions to before or after practice. Once practice starts, the coaches are focused on all gymnasts
 - I have an open door policy
 - Please feel free to contact me if needed
 - While I will not be coaching, I will be a presence in the gym...feel free to talk to me in person, via email (Kayce.Stein@atlantajcc.org), and via phone (678-812-4044, office #)
- The future of the program
 - **I am committed to building a competitive program, while maintaining a productive pre-school and class program**
 - A strong pre-school and class program is essential to producing a successful competitive program
 - Continually train the staff that is in place with coaching clinics and other training sessions
 - Hire coaches and instructors with valuable experience and a love for gymnastics and childhood education
 - Market the program
 - A MJCCA Gymnastics media guide
 - Participate in prestigious meets
 - Community involvement
 - Refresh and update the website regularly
 - I am committed to studying other successful programs within the state, while maintaining the MJCCA values
 - Open to new ideas, current trends in gymnastics, recruiting new gymnasts
 - Begin training Level 8, 9, and 10 gymnasts within the next 3-5 years
- **Registration!!!!**
 - Suggested 6 weeks minimum of summer camp/practice for team gymnasts
 - **Register for summer/fall ASAP to ensure adequate and proper staffing**
 - www.atlantajcc.org/gymnastics
 - Register for camp through camp central at www.atlantajcc.org/camps