

## 3<sup>rd</sup>-4<sup>th</sup> Grade Boys League

No team may begin a game with less than 4 players. If a team has less than 4 players to start a game, it will forfeit the game. There is a 5 minute grace period before a forfeit is awarded.

**PLAY: 4 on 4 crosscourt.**

**BASKET HEIGHT: 9 Feet**

**CLOCK:**

8-minute quarters. Running clock: except at mid-quarter substitutions (4-minute) and last 2 minutes of 4<sup>th</sup> quarter (will then stop on every whistle). Clock will always stop for all foul-shots.

**BASKETBALL SIZE: Standard Women's Basketball (28.5")**

**TIMEOUTS: 2 timeouts per half (note: unused timeouts do not carry over)**

**FOUL SHOTS:**

Short Free Throw Line (i.e. short red line located 12 feet from backboard). No player may enter the lane until the ball has made contact with the rim. Each player has 5 fouls to give.

**10 SECOND RULE: There is a 10-second rule for bringing the ball past mid-court.**

**LANE VIOLATION: 4 seconds in the lane. (At the beginning of the season the referee will be more lenient, but it is important to get your players to understand this rule.)**

**OVERTIME: One 3-minute overtime period (if the score is still tied then the game will result in a tie). Exception: all postseason games must continue repeating 3-minute OT's until a winner is decided.**

**SUBSTITUTION:**

Substitutions must occur at the mid-quarter (4-minute) and end-of-quarter points only.

**Exceptions:**

- player injury
- foul trouble:
  - 3+ fouls in the first half
  - 4 fouls in the second half

All players must play at least half of each game and each player must sit out the equivalent of 1 quarter (exception: a team fields less than 6 players). No player should sit out more than 1 quarter before every player has sat out a quarter.

**FAST-BREAKS AND PRESSING:**

Fast-breaks are legal at any time during the game. Any ball out-of-bounds in the offensive zone will be inbounded by the side closest to the curtain (i.e. a ball should never be inbounded underneath on the baseline).

Full-court pressing is legal:

- during the last two minutes of the 2<sup>nd</sup> and 4<sup>th</sup> quarters
- the last minute of the overtime period
- all other pressing violations will warrant a warning by the referee

Defensive pressure cannot be applied until the ball crosses mid-court. Intentionally fouling a player who breaks away on an uncontested lay-up on a fast break will result in two shots plus possession of the ball.

**DEFENSE:**

Man-to-Man & Zone defense can be added at this level to encourage the advancement of the children's basketball skills and knowledge.