

Metro Dunwoody League

Rules for the Metro Dunwoody Basketball League

Special rules are listed below. All other rules are the same as the Georgia High School Basketball Rules.

Substitution

Substitution Rules: 11/12 Boys and 11/13 Girls (5th & 6th grade)

- Every player must play 4 minutes of the 1st, 2nd, and 3rd quarters.
- 4th Quarter is free Substitution
 - Every player must play in the 4th quarter
 - **No player can play the entire 4th quarter**
 - **Every player must sit out at least 1 minute**
- Substitutions in the 1st – 3rd Quarters will be made at the 4 minute mark
 - Exception
 - Player is injured
 - Player gets into quick foul trouble (3 quick fouls)

Substitution Rules: 13/14 Boys (7th & 8th grade)

- Every player must play ½ of the 1st and 2nd quarters
- 3rd & 4th Quarters are free substitution
- Every player must play in both 3rd & 4th quarters
- No player can play the entire 3rd or 4th quarters
- Every player must sit out at some point of the 3rd & 4th quarters

Clock Rules

Clock will stop at the 4 minute mark in the 1st, 2nd, and 3rd quarters of the 11/12, 11/13 girls & boys games and the 1st and 2nd for the 13/14 league games.

The length of the quarter will be 8 minutes

Clock will stop for every free throw

Clock will stop for every whistle the last 2 minutes of the 4th quarter

General Rules

2 time outs per half

Time outs can be call by the player or the coach

3 minute overtime

If still tied game ends in a tie

No press with a 15 point lead