



Metro Dunwoody Soccer Rules 2010

1. U12:
 - a. Teams – 8v8 (Squads up to 13)
 - b. Game Duration – Two 25 min halves (5 min ½ -time)
 - c. Ball Size – 4
 - d. Field Dimensions – 70 x 35 (up to 40)
 - e. Goals – 6' x 18'
 - f. Subs – Unlimited on throw-ins & goal kicks only
 - g. 1 or 2 Referees
2. U14:
 - a. Teams – 8v8 (Squads up to 13)
 - b. Game Duration – Two 25 min halves (5 min ½ -time)
 - c. Ball Size – 5
 - d. Field Dimensions – 70 x 35 (up to 40)
 - e. Goals – 6' x 18'
 - f. Subs – Unlimited on throw-ins & goal kicks only
 - g. 1 or 2 Referees
3. Field/Goal Dimensions:
 - a. Pre-K & K – 30x20
 - b. U8 & U10 – 50x35
 - c. U12 and up – 70x35
4. Each team must supply a ball for each game.
 - a. U12s – Size 4
 - b. U14s – Size 5
5. A Kick off will begin game at the start of each half or quarter & after goal is scored. The kick off is an indirect kick.
6. The Off-side rule will be applied on a judgment call in all leagues.
7. All throw-ins are indirect. There is no off-side on throw ins. Free kicks are direct/indirect in line with FIFA Laws. Penalty kicks can be awarded in all leagues. They will be taken from the penalty spot, as marked on the field or indicated by the referee.
8. All goal kicks & corner kicks are direct.
9. Free substitutions will be made for U10, U12 & U14 with each child playing as close to 75% of a game as possible. Substitutions may only be made on your own throw-ins, any goal kicks & restarts/kick-offs after a goal. Substitutions may only be made from the half mark on the field. Players must be ready and standing at the half-way line before the substitutions are called.
10. Injury substitutions may be made once the play is stopped by the referee & a coach has been on the field to attend to the injured player.



11. Goalkeepers:
U12 & U14 – No limit on the time a child can play in goal.
There is a 6 second time limit on releasing the ball.
12. The referee will call forfeit 10 minutes after the scheduled start time on weekdays & 5 minutes on Sundays.
13. Only 'designated coaches' will be permitted on the players' sidelines.
14. No parent or coach may stand adjacent to the goal line. Parents must stay on the side of the field opposite the players/coaches and behind the line.
15. Rescheduling/Forfeiting games –
 - a. Policy for cancellations & make-ups
 - i. If a team no shows it will go down as a 1-0 loss.
 - ii. If a team contacts either of the respective Sports Directors by Sept 5th then a reschedule will be considered.
 - iii. Inside that time a forfeit will be declared (1-0 loss)
 - iv. A maximum of up to 3 options can be presented to the effected teams. If they cannot reschedule they will suffer a forfeit (1-0 loss).
 - v. The home team/group will be the point person for any make up scheduling; once confirmed with both teams they will confirm with the other Sports Directors.
 - vi. If 8 games (league minimum) have already been played the game does not have to be rescheduled. However, the team trying to reschedule will be the team deemed to forfeit if necessary.