

# Swimming Permission Form

**At Club J, your child will have the opportunity to swim most Friday afternoons from 3:20pm – 4:15pm. In order for your child to swim, they must first pass a swim test which will be given by a Certified Lifeguard in our Aquatics Department. If your child is not an independent swimmer; e.g., can not swim without the aid of floaties, noodles or water wings, then they will not pass the swim test, and therefore; not be able to swim at Club J. You only need to sign this form if you intend to have your child swim tested.**

## Licensing Requirements:

If your child can swim, a swimming test must be given to determine whether the child can swim a distance of fifteen (15) yards, float on their back for 15 seconds and tread water for 30 seconds unassisted by a person who has current evidence of completing successfully a training program in lifeguarding offered by a certified water safety instructor.

I hereby grant permission for my child, \_\_\_\_\_ to be tested for their swimming ability. I will be notified if he/she passes and understand that the pool will be guarded by a WSI Certified Lifeguard at all times my child is in the water. I further understand that my child will not be granted permission to swim at the MJCCA if I have not also signed the MJCCA Waiver of Liability located on the Club J Emergency Contact/Health Form.

Name of Parent \_\_\_\_\_

Signature of Parent \_\_\_\_\_

Date \_\_\_\_\_

## To be completed by Lifeguard

\_\_\_\_\_ has successfully completed a swimming test which required the child to swim a distance of fifteen (15) yards unassisted.

Below named Lifeguard has current evidence of having completed successfully a training program in lifeguarding offered by a water-safety instructor certified by the American Red Cross or YMCA or YWCA or other recognized standard-setting agency for water safety instruction.

\_\_\_\_\_  
Name of Lifeguard

\_\_\_\_\_  
Signature of Lifeguard

\_\_\_\_\_  
Date