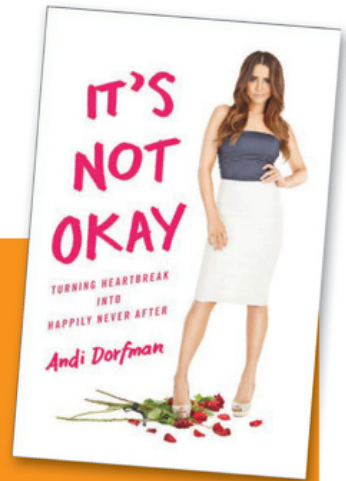


# Reality Check

Andi Dorfman gets candid about her juicy new book, *It's Not Okay: Turning Heartbreak Into Happily Never After*.

By Allison Mitchell



## New Beginnings

It's been a wild ride for Atlanta lawyer-turned-reality TV star **Andi Dorfman**, star of *The Bachelorette* season 10. After getting engaged to fellow Atlantan Josh Murray at the conclusion of her season, the former *JEZEBEL* Most Eligible seemed to have found bridal bliss. But when the cameras stopped and real life started, the pair found forever wasn't in the cards and split while millions watched their next moves. Dorfman's answer? A candid look at life after love in her debut tome, *It's Not Okay: Turning Heartbreak Into Happily Never After*, out May 17. Celebrate the book's launch with Dorfman and the MJCCA June 2 at 7:30PM at Big Sky Buckhead with a signing, Q&A and cocktails. Here, she shares insight on her new life in New York, dating and what's next. @andi\_dorfman



### Tell us about the decision to write a book about such a personal time in your life.

The book was kind of written unintentionally actually. I was going through a public breakup and decided to journal my feelings [because] I didn't know who I could trust [or] what I wanted to say to people. I looked back and [thought] this is exactly what every woman goes through but no one talks about. The very first sentence I ever wrote in my journal was 'My life is over,' which totally captures everything that, especially as women, we think about during a breakup.

### Everyone wants to know: What was the reason behind your split from Murray?

Girl, you'll find out in the book. You will definitely know by the end of the book why we broke up. I signed up to do a show, and it involved my personal life; that's what people want to know about, and I have come to accept and understand that. If I can help other people in some way or give them answers without hurting anyone else, then I'm going to give it to them.

### We've known you since your single days. Did you imagine this is how life would turn out?

There is a moment, at least one every single day

where I stop and pause and think: This is my life; how did this happen? It goes back to the magazine [*JEZEBEL*]. I was in Most Eligible one summer; then the next thing I know, I'm on the cover, and now I'm writing a book. It's so crazy.

### Now you're a New Yorker! Tell us about the move to the Big Apple.

Obviously my breakup catapulted my move to New York; there's no doubt about that. I was living at my friend Kelly's from the first season of *The Bachelor*, was looking for apartments and found every reason not to sign a lease in Atlanta. I kind of threw caution to the wind, packed a suitcase, bought a one-way ticket and moved to New York. I love the energy and the culture here.

### Will we see you back on *The Bachelor* someday?

I would love to do some sort of TV, whether it's *The View* or some sort of hosting, but I think my days of dating on television are definitely over.

### And the current status of your love life is?

Definitely single by choice. I have been in NYC for over a year now and promised myself a little time off from dating. I think I set a record with 26 guys in a year and a half!

## STARRY-EYED

The stars of *Guardians of the Galaxy Vol. 2* and *Baby Driver* have landed and had a stellar month all over Atlanta. *Galaxy* co-stars **Chris Pratt**, **Zoe Saldana** and **Kurt Russell** dined together at TWO Urban Licks, where *Baby Driver* star **Kevin Spacey** was also spotted getting



his grub on. Sharing hot spot tips? We think yes! *Baby Driver* co-stars **Jon Hamm** and **Lily James** got silly at Cirque du Soleil's *Kurios - Cabinet of Curiosities* at Atlantic Station before enjoying happy hour at Ormsby's. Pratt followed suit with a trip to Cirque du Soleil, where he took to Instagram to

share his enthusiasm for the show. In Buckhead, Hamm indulged in a meal at Buckhead Diner while A-listers **Quentin Tarantino**, **Elton John** and **Nicolas Cage** all booked a reservation at nearby



celeb-fave Umi (in the same week!). Finally, actors **Miles Teller**, here filming *Thank You for Your Service* with **Amy Schumer**, and **Jessica Szohr** were spotted wineing and dining at Inman Park's Barcelona Wine Bar. Cheers!

JEZEBEL

ANDI DORFMAN PHOTO BY NOME ELLENSON; CHRIS PRATT PHOTO BY PICTURE PERFECT/REX FEATURES/ZUMA WIRE; LILY JAMES PHOTO BY KEN MCKAY/REX SHUTTERSTOCK VIA ZUMA PRESS; ZOE SALDANA PHOTO BY ROB LATOUR/REX SHUTTERSTOCK VIA ZUMA PRESS