

BASIC INFORMATION

Q: What is the difference between private lessons, semi-private lessons, and private group lessons?

A: Private lessons are a 1:1 ratio (1 swimmer and 1 instructor). Semi-private lessons are a 2:1 ratio (2 swimmers and 1 instructor). Private group lessons are a 3-5:1 ratio (3-5 swimmers and 1 instructor). For semi-private and private group lessons, groups are pre-arranged by the participants and register separately through the MJCCA website. In addition, all participants in the group must be close to the same ability level to keep lessons fluent and helps all participants improve together.

Q: Do you have to be a member to participate in swim lessons?

A: You must have either a JCC membership or a swim lesson membership. The summer JCC membership does count towards this membership requirement. The swim lesson membership is \$130 per 3-month period and is separate from the cost of swim lessons.

Q: What's the difference between swim lessons, swim classes, and the swim team?

A: Swim lessons are the most individualized out of the three above choices, as our lesson plans can be personalized to each swimmer. Swim classes refers to a small group lesson (3-5 swimmers in each class). In both these class types, no minimum swimming skill is necessary.

Swim Team is instruction in a team setting and is geared towards more experienced swimmers. Swimmers must be able to swim a full length (down and back) independently without assistance to join the team.

Q: How old does my child need to be to take swim lessons?

A: We will take children as young as 8 months in our Mommy, Daddy and Me swim class. Children typically wait until they are 12 months of age to begin individual lessons.

Q: Can adults take private swim lessons?

A: Of course! We welcome adults who want to improve their swimming ability, from basic water safety to perfecting your stroke. Regular swim lesson fees and policies apply.

Q: Can I pick my own instructor?

A: We strive to match you with the instructor you request, pending availability.

Q: Do I have to be in the water during my child's swim lesson?

A: Instructors handle all supervision and instruction during scheduled lessons; parents are welcome to stay and observe, if they so choose.

PRICING

Q: How much are each of the lessons?

A: Private lessons are \$37 per lesson, or \$314 for a set of 10 lessons (\$56 savings for purchasing a package of 10). Semi-private lessons are \$26 per lesson per swimmer, or \$244 for a set of 10 lessons (\$16 savings for purchasing a package of 10). Private group lessons are \$20 per lesson per swimmer, or \$170 for a set of 10 lessons (\$30 savings for purchasing a package of 10).

Q: How is that price point determined?

A: Our experienced, certified instructors, our excellent facilities (including our heated, indoor pool), and other administrative costs are factored together to determine the cost per lesson for each lesson type. This price point gets you a consistent instructor with a consistent schedule, who formulates a personalized lesson plan for your swimmer. Our top notch instructors can begin productive communication, form bonds, and establish the trust needed to have a successful swim lesson.

SCHEDULING

Q: When are swim lessons available?

A: Swim lessons are available during the school year Monday-Friday and Sunday from 10:00 am to 4:00 pm, subject to instructor availability. During the summer, swim lesson availability hours will be extended. When registering, please indicate your top three timeslot choices in order of preference.

Q: How does the scheduling of swim lessons work?

A: Please fill out our registration form to schedule a swim lesson. If you have any timeslot or instructor preference, please indicate them in the provided fields. Once your registration form is received, someone from the Aquatics staff will reach out to you to confirm availability and your start day/time/date.

Q: How soon can I start swim lessons?

A: All Swim Lesson registrations must be received 24 hours before your scheduled swim lesson day and time to be confirmed for that day. Any lessons registered after the 24-hour mark will start the following week.

Q: How many lessons does my child need to learn how to swim?

A: There are many factors that go into teaching a child to swim. Age, body awareness, attention span are all factors that go into how quickly a swimmer can master skills. For example, an 8-year-old is going to improve more in ten lessons than an 8-month-old. Instruction during lessons is specialized to your swimmer to promote swim skill acquisition.

Q: How many lessons per week does my child need to participate in?

A: Most participants take lessons once per week, which has been shown to produce progress. If you have limited availability (i.e. you are only in town for 3 weeks) or if you have a hard deadline as to when your swimmer's skills need to be improved by (i.e. you are taking a vacation in 2 months), we recommend a higher frequency of lessons to expedite the learning process.

Q: What if I need to cancel a swim lesson?

A: You must give 24 hours' notice of any upcoming missed lesson to not be charged for that lesson. Notices received during the 24-hour period before the lesson, or lack of notice of an absence, will result in being charged for the lesson. Exceptions may be made on a case-by-case basis. Please contact your instructor and Jenni Beebe via email as soon as possible before a missed lesson.

Q: How do I renew my swim lesson package?

A: You will receive an automated reminder email when you have three, two, and one lesson(s) remaining in your package. After your last lesson in your package, you have 24 hours to renew before your timeslot becomes available to the public.

Q: What happens if my instructor needs to reschedule?

A: If your instructor needs to reschedule, they are required to give 24 hours' notice to you, typically via email. If this requirement is NOT met, you will receive a lesson free of charge added to the end of your lesson package.

Q: Can siblings take swim lessons together in a group?

A: We are happy to instruct siblings in the same session if they are at a similar ability level.

Q: What happens if I'm part of a semi-private or private group session, and one participant cancels?

A: If a swimmer in your group cancels with 24 hours' notice, the rest of the swimmers will have the option of also skipping the lesson or arranging for a separate private or semi-private session during that same timeslot. If a swimmer cancels with less than 24 hours' notice, all other group members may attend their lesson at their same billed rate; the swimmer that cancelled will be billed per our cancellation policy.

Q: Can I schedule my child for a swim lesson longer than 30 minutes?

A: You may schedule your child for lessons in 30-minute increments. For example, if you want ten 1-hour long lessons, you would be charged for twenty 30-minute lessons.

Q: How do swim lessons work if my child is currently attending the Weinstein School/Club J/Schools Out Camp?

A: If your swimmer is in one of the above programs, we will organize pick up from their program and return them to their program after their lesson. Please indicate your swimmer's location at the lesson time (classroom room number, group name, etc.) so that we can locate your child and bring them to their lesson. Please inform your child's program of their swim lesson, so that their teacher/counselor can make sure they're changed and ready.

INSTRUCTION

Q: How can I communicate with my instructor?

A: You will receive your instructor's contact information upon registration. Email is the preferred and recommended way of communication

Q: What does my child learn during their swim lessons?

A: We follow the Learn to Swim program, pioneered by the American Red Cross. This method is then adapted to your swimmer's current skill level, any progression goals you may have, and any special accommodations that you might need. We always start with establishing the basics of water safety, including floating and kicking to the side. Your instructor will then work with your swimmer on learning the four basic swim strokes and other lap swimming techniques at their own pace.

Q: What updates can I expect from my child's instructor?

A: Instructors give a progress report on your child's progress on lesson numbers two and eight out of a set of ten lessons. You can also contact your instructor via email if you have any particular concerns you wish to discuss.

SUMMER SWIM LESSONS

Q: How do I schedule swim lessons for my child that attends any of the MJCCA camps located at the Dunwoody campus? (Weinstein Summer camp, JCC Day Camps, during the summer)

A: Registration is the same as other times during the year except under "requested day and time" you will need to include what camp they are in for which weeks. We try our best to schedule lessons during or around your swimmer's swim time with their camp group to avoid missing any other activities.

Q: My child is taking swim lessons during the year and I want them to continue during the summer; what changes can I expect?

A: Once the schools release, instructor's schedules will change from their "year-round schedule" to their "summer schedule." Most of the time, this includes time and day changes for lessons, as swimmers' and instructors' availability will change. Instructors will work on these changes typically mid-May.