



2023-2024 STOTT Pilates Training Packages/Rates

PRIVATE SESSIONS (one-on-one training)

1-Hour Options

	Cost Per Session	Package Price (paid in full)	Monthly Payments
1 session	\$80	\$80	N/A
6 sessions	\$77	\$462	N/A
13 sessions	\$74	\$962	\$320.67 for 3 months
26 sessions	\$71	\$1,846	\$615.33 for 3 months

30-Minute Options

	Cost Per Session	Package Price (paid in full)	Monthly Payments
1 session	\$42	\$42	N/A
6 sessions	\$41	\$246	N/A
13 sessions	\$39	\$507	\$169 for 3 months
26 sessions	\$38	\$988	\$329.33 for 3 months

SEMI-PRIVATE SESSIONS (2-person training)

1-Hour Options

	Cost Per Session	Cost Per Person	Total Cost for 2 People	Monthly Payment Per Person
6 sessions	\$58	\$348	\$696	N/A
13 sessions	\$55	\$715	\$1,430	\$238.33 for 3 months
26 sessions	\$53	\$1,378	\$2,756	\$459.33 for 3 months

30-Minute Options

	Cost Per Session	Cost Per Person	Total Cost for 2 People	Monthly Payment Per Person
6 sessions	\$31	\$186	\$372	N/A
13 sessions	\$30	\$390	\$780	\$238.33 for 3 months
26 sessions	\$29	\$754	\$1,508	\$459.33 for 3 months

SMALL GROUP TRAINING (3+ people)

1-Hour Options

	Cost Per Person	Total Cost per Person	Monthly Payment
4 sessions	\$31	\$124	N/A
10 sessions	\$31	\$310	N/A

NEW MEMBER INTRODUCTORY PRIVATE PACKAGE

30-Minute Option

	Cost Per Session	Package Price (paid in full)	Monthly Payments
4 sessions	\$32	\$128	N/A

- All payments are due at the beginning of contract and payments thereafter on the 3rd of the month
- Packages cannot be combined
- For more information regarding Personal Training/Pilates Services, please contact Manager of Training Demitri Knowles at 678.812.3692
- All training sessions/packages will expire one year from date of purchase
- There are no refunds for unused Personal Training/Pilates sessions
- Twenty-four (24) hour notice is required for all cancellations or client will be charged for the training session