

LITE BITES

Pretzel Bites \$9

basket of pretzel bites with yellow mustard, stone ground mustard, & cheese dip

Hummus Platter \$11

tray of assorted vegetables and chips/crackers with your choice of plain or red bell pepper hummus

Mixed Nuts \$7

cup of assorted nuts

BIGGER BITES

Personal 8" Cheese Pizza \$10

fresh in-house made dough and sauce
additional toppings \$1.00 each
mushroom, red onion, spinach, black olives, roasted tomatoes, green bell pepper, feta cheese

Black Bean Sliders \$11

in house made black bean sliders with lettuce, tomato, pickled red onions, & chipotle aioli.
2 sliders per order.

Cheese Quesadilla \$9

cheese filled tortilla served with sour cream & mild salsa
additional toppings \$1.00 each
mushroom, red onion, spinach, black olives, roasted tomatoes, green bell pepper, feta cheese, black beans
adobo spiced tofu \$3.00

House Salad \$10

lettuce, tomato, mozzarella cheese, hard boiled egg, croutons
choice of: balsamic vinaigrette, ranch, or honey dijon
Add scoop or tuna salad \$3.00
Add salmon \$4.00

Greek Salad \$10

lettuce, cucumber, tomato, red onion, green bell pepper, kalamata olives, feta cheese with Greek dressing
Add scoop or tuna salad \$3.00
Add salmon \$4.00

Salmon Wrap \$14

citrus sous vide salmon, arugula, & tomatoes in a sun dried tomato wrap. Served with citrus vinaigrette.

Tuna Salad Sandwich \$8

tuna salad with lettuce & tomato
choice of bread: white, wheat, or croissant
make it a wrap: sun-dried tomato, plain, or gluten free (\$1.00)

Egg Salad Sandwich \$7.50

egg salad with lettuce & tomato
choice of bread: white, wheat, or croissant
make it a wrap: sun-dried tomato, plain, or gluten free (\$1.00)

DRINKS

Coca-Cola Products

Coke, Coke Zero, Diet Coke, Sprite \$3

Dasani Bottles Water \$3

Coffee \$2.50

Apple Cider \$3.50

Hot Tea \$3.00

Hot Cocoa \$3.50

**See Reverse side for
alcoholic beverage menu**

SMOOTHIES \$8

Blueberry-Banana

Mango

Peach-Apricot

Strawberry

Add ginger juice shot \$1.00

Add protein powder scoop \$2.00

SWEETS \$4

Cadranel's Cookies

three chocolate chip cookies

WEEKEND EATS

available on Saturday & Sunday

Bagel with Cream Cheese \$5

everything or plain bagel
additional toppings:
\$1.00 capers, red onion, tomato
\$4.00 lox

Cinnamon Roll \$6

brioche cinnamon roll with cream cheese icing, served warm

Yogurt Parfait \$7.50

vanilla Greek yogurt, fresh berry assortment, and granola



BAR MENU

Beer and Hard Seltzers \$5- 7

assortment of cans of seasonal offerings

Wine & Bubbles \$10

Chardonnay, Sauvignon Blanc, Pinot Noir, Rose, Prosecco

Cocktails

Margarita/Skinny Margarita \$10/12

cocktail consisting of tequila, triple sec, lemon juice and lime juice.

Lemon Drop \$12

cocktail of vodka, triple sec, fresh lemon juice, and simple syrup

Tom Collins \$12

cocktail made from gin, lemon juice, sugar, simple syrup and carbonated water

Moscow Mule \$10

cocktail made with vodka, ginger beer, and lime juice

Old Fashioned \$12

classic whiskey cocktail with bitters, simple syrup, and fruit

Mimosa \$10

champagne and orange juice

Liquors

Jack Daniels Bourbon, Bombay Sapphire Gin, Bacardi Rum, Herradura Blanco Tequila, Tito's Vodka, Odessa Brandy \$10
Woodford Bourbon, Herradura Reposado Tequila \$12

Mixers

Juice: cranberry, orange, tomato, grapefruit, lemon, lime

Other: club soda, tonic water, ginger ale, ginger beer