



2026-27 Personal Training Packages/Rates

PRIVATE SESSIONS (one-on-one training)



1-Hour Options

	Cost Per Session	Package Price (paid in full)	Monthly Payments
6 sessions	\$85	\$510	N/A
13 sessions	\$83	\$1,079	\$359.67 for 3 months
26 sessions	\$81	\$2,106	\$702.00 for 3 months



30-Minute Options

	Cost Per Session	Package Price (paid in full)	Monthly Payments
6 sessions	\$46	\$276	N/A
13 sessions	\$44	\$572	\$190.67 for 3 months
26 sessions	\$42	\$1,092	\$364.00 for 3 months

SEMI-PRIVATE SESSIONS (two-person training)



1-Hour Options

	Cost Per Session	Cost Per Person	Total Cost for 2 People	Monthly Payment Per Person
6 sessions	\$63	\$378	\$756	N/A
13 sessions	\$61	\$793	\$1,586	\$264.33 for 3 months
26 sessions	\$60	\$1,560	\$3,120	\$520.00 for 3 months



30-Minute Options

	Cost Per Session	Cost Per Person	Total Cost for 2 People	Monthly Payment Per Person
6 sessions	\$35	\$210	\$420	N/A
13 sessions	\$33	\$429	\$858	\$143.00 for 3 months
26 sessions	\$31	\$806	\$1,612	\$268.67 for 3 months

SMALL GROUP PERSONAL TRAINING (3+ people)



1-Hour Options

	Cost Per Person	Total Cost per Person	Monthly Payment
4 sessions	\$35	\$140	N/A
10 sessions	\$35	\$350	N/A

NEW MEMBER INTRODUCTORY PRIVATE PACKAGE



30-Minute Option

	Cost Per Session	Package Price (paid in full)	Monthly Payments
4 sessions	\$36	\$144	N/A

- All payments are due at the beginning of contract and payments thereafter on the 3rd of the month
- Packages cannot be combined
- All training sessions/packages will expire one year from date of purchase

- For more information regarding Personal Training/Pilates Services, please contact Manager of Training at 678.812.3692
- There are no refunds for unused Personal Training/Pilates sessions
- Twenty-four (24) hour notice is required for all cancellations or client will be charged for the training session



2026-27 STOTT Pilates Training Packages/Rates

PRIVATE SESSIONS (one-on-one training)

1-Hour Options

	Cost Per Session	Package Price (paid in full)	Monthly Payments
6 sessions	\$86	\$516	N/A
13 sessions	\$84	\$1,092	\$364.00 for 3 months
26 sessions	\$82	\$2,132	\$710.67 for 3 months

30-Minute Options

	Cost Per Session	Package Price (paid in full)	Monthly Payments
6 sessions	\$47	\$282	N/A
13 sessions	\$45	\$585	\$195.00 for 3 months
26 sessions	\$43	\$1,118	\$372.67 for 3 months

SEMI-PRIVATE SESSIONS (two-person training)

1-Hour Options

	Cost Per Session	Cost Per Person	Total Cost for 2 People	Monthly Payment Per Person
6 sessions	\$64	\$384	\$768	N/A
13 sessions	\$62	\$806	\$1,612	\$268.67 for 3 months
26 sessions	\$60	\$1,560	\$3,120	\$520.00 for 3 months

30-Minute Options

	Cost Per Session	Cost Per Person	Total Cost for 2 People	Monthly Payment Per Person
6 sessions	\$37	\$222	\$444	N/A
13 sessions	\$35	\$455	\$910	\$151.67 for 3 months
26 sessions	\$33	\$858	\$1,716	\$286.00 for 3 months

SMALL GROUP TRAINING (3+ people)

1-Hour Options

	Cost Per Person	Total Cost per Person	Monthly Payment
4 sessions	\$36	\$144	N/A
10 sessions	\$36	\$360	N/A

NEW MEMBER INTRODUCTORY PRIVATE PACKAGE

30-Minute Option

	Cost Per Session	Package Price (paid in full)	Monthly Payments
4 sessions	\$37	\$148	N/A

- All payments are due at the beginning of contract and payments thereafter on the 3rd of the month
- Packages cannot be combined
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- For more information regarding Personal Training/Pilates Services, please contact Manager of Training at 678.812.3692
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