

2022-2023 PRIVATE PERSONAL TRAINING / PILATES
PACKAGES & RATES

*Packages cannot be combined or split. *

I Hour Options

	Per hour	Total Package (pay in full)	Monthly payments
1 session	\$72	\$ 72	N/A
6 sessions	\$70	\$ 420	N/A
13 sessions	\$67	\$ 871	\$435.50 for 2 months
26 sessions	\$64	\$1664	\$554.66 for 3 months

30 Minute Options

	Per 30min	Total Package (pay in full)	Monthly payments
1 session	\$38	\$ 38	N/A
6 sessions	\$37	\$ 222	N/A
13 sessions	\$35	\$ 455	N/A
26 sessions	\$34	\$884	\$294.66 for 3 months

SEMI-PRIVATE PERSONAL TRAINING / PILATES PACKAGES & RATES

*Packages cannot be combined or split. *

I Hour Options

	Per hour	Total Package (pay in full)	Monthly payments
6 sessions	\$52.5 per session	\$ 630.00 ((\$315.00 per person)	N/A
13 sessions	\$50 per session	\$ 1300 ((\$650 per person)	\$325.00 for 2 months (per person)
26 sessions	\$47.5 per session	\$ 2470 ((\$1235.00 per person)	\$411.66 for 3 months (per person)

30 Minute Options

6 sessions	\$28.00 per session	\$ 336 ((\$168 per person)	N/A
13 sessions	\$26.75 per session	\$ 695.5 ((\$347.75 per person)	N/A
26 sessions	\$25.50 per session	\$1326 ((\$663.00 per person)	\$331.50 for 2 months (per person)

*All payments are due at the beginning of contract and payments thereafter at the middle or end of the month

*Payment options will be granted on a case to case basis, provided proper documentation

* For more information regarding Personal Training/Pilates Services, please contact (678) 812-4022

* **There are no refunds for unused personal training sessions**

*All training sessions/packages will expire from one year on date of purchase

*Twenty-four (24) hour notice is required for all cancellations or else client will be charged for the training session. Exceptions are at the discretion of your trainer