



To learn more, please visit
atlantajcc.org/aquatics

May 17 - Sept 14

Weekends
May 17 - Sept 14
Weekdays
May 26 - Aug 1

POOL HOURS & INFO

OUTDOOR POOLS

UPPER POOLS, SPLASH PAD

Weekdays: 2:00 - 8:00 pm

Weekends: 10:00 am - 8:00 pm

LOWER POOL (Lap Swim)*

Weekdays: 8:00 am - 3:00 pm, 6:00 - 8:00 pm

Weekends: 10:00 am - 8:00 pm

SNACK BAR (credit cards only)

Weekdays: 2:30 - 8:00 pm

Weekends: 11:00 am - 8:00 pm

Fun in the sun awaits at our Zalik Outdoor Aquatic Center! The Dinerman Medeiros Pool, the Samsky Pool, the Alterman Pool, and the Barbara and Ed Mendel Splash Park will have your family splashing and laughing for hours. The Shoob Slide and the Silverman Slide promise to ramp up the adventure. Sue Sue's Snack Bar and the Helen Marie Stern Picnic Area will ensure you are well fed for the next round of fun.

INDOOR POOL*

Mon-Thurs: 5:30 am - 8:00 pm

Fri: 5:30 am - 6:00 pm

Sat: 8:00 am - 6:00 pm

Sun: 8:00 am - 8:00 pm, with Women's Only Swim 6:00 - 7:00 pm

*Reservations are required for outdoor and indoor lap swim via the **MJCCA active** app. Reservations are available up to 7 days in advance and there are two reservations in each lane per hour. *Learn more at atlantajcc.org/active.*

BOATING AND FISHING ON OUR LAKE

Saturdays and Sundays, May 31-Aug 10: 10:00 am - 5:00 pm

A lifeguard will be on duty and members can use bumper boats, paddle boats, canoes, and kayaks, as well as go fishing on Lake RB. Note: personal flotation devices must be worn at all times while using a watercraft and you must provide your own fishing equipment. Children 15 and under must be accompanied by an adult at all times.

MODIFIED HOURS & CLOSINGS

Thurs, Jun 26 & Wed, Jul 23

Camp Counselor Appreciation Parties

Pools close to members at 6:00 pm

Fri, Jul 4 Independence Day

8:00 am - 1:00 pm indoor pool/building

10:00 am - 6:00 pm outdoor pools

11:00 am - 6:00 pm snack bar

Sun, Aug 17 BBYO Pool Party

Pools close to members at 6:00 pm

Sun, Aug 24 Yacht Rock Revue

No cars will be allowed in after 1:30 pm and the MJCCA will close at 2:00 pm in preparation for the Yacht Rock Revue concert.

Mon, Sept 1 Labor Day

8:00 am - 1:00 pm indoor pool/building

10:00 am - 6:00 pm outdoor pools

11:00 am - 6:00 pm snack bar

Please see atlantajcc.org/hs for a full list of abridged hours and closings.

POOL PARTIES

Free and open to the community!

Dive Into Shabbat

Fridays, Jul 11 & 25, Aug 8, 5:00 - 8:00 pm

Open swim begins at 5:00 pm, followed by Shabbat songs and blessings with Rabbi G at 6:00 pm. Enjoy ice pops, challah, and grape juice. Plus, purchase dinner at the snack bar or bring your own!

POOL POLICIES

- If you have had any of these symptoms in the past 24 hours — fever of 100.4 or higher, cough, chills, headache, shortness of breath, sore throat, new loss of taste or smell, muscle pain — we ask that you please stay home for the health and safety of our entire MJCCA family.
- NO GLASS CONTAINERS • NO OUTSIDE ALCOHOL • NO SMOKING
- No solo bathing.
- No swimming without a lifeguard on duty.
- No diving in shallow water.
- No breath-holding or prolonged underwater swimming.
- Proper bathing attire is required.
- Shower and rinse thoroughly before entering the pool.
- Only water bottles are allowed in the pool area. No food, drink or gum is permitted within five (5) feet of the pool.
- No running, rough, or boisterous play is allowed.
- Do not hang on lane lines or cross lanes.
- No spitting, spouting, blowing nose, or any other bodily excretions permitted.
- No person with open sores, skin conditions, or any communicable conditions are permitted in the pool.
- Lifeguard has final authority in all safety issues. Guards have authority to enforce all pool rules. Patrons who repeatedly violate the rules may be denied use of the pool complex by the Manager on duty.
- No person shall behave in such a manner as to jeopardize the safety, health and enjoyment of himself/herself and others. Doing so is grounds for expulsion.
- No animals in pool or on pool deck, other than Seeing Eye dogs.
- Children are encouraged to play in the upper pools on the weekends. Please be considerate of those members swimming laps in the lower pool.
- **Membership:** A valid membership is required to access the pool facility. All members must present a valid membership card to personnel each time they visit the pool. Guests must check in before using the indoor or outdoor pool.
- **Children:** Children under the age of 13 must be accompanied by an adult 18 years of age or older in and around the pool. Swim diapers are required for those not potty trained.
- **Swim Diaper Policy:** All children under the age of 4 who are not fully potty trained must wear a disposable swim diaper under a reusable polyester/cotton (machine washable) swim diaper. Non-disposable swim diapers provide a tighter fit, which helps avoid lengthy pool closures due to accidents. Both diapers MUST be worn underneath a swimsuit. If this policy is not adhered to, children will not be permitted to enter our pools.
- **Starting Blocks:** Starting blocks are reserved for use by swim team and swim lessons only.
- **Water Slides:** The height requirement is 48" for the Shoob Slide and 42" for the Silverman Slide.
- **Floats:** Large floats are not permitted.
- **Personal Flotation Devices (PFD):** All PFDs must be US Coast Guard Certified. A parent/guardian must be within arms' reach of each child using a PFD.
- **Weather:** Our facility is equipped with a lightning warning system that alerts us when lightning is in the surrounding area. The warning allows us ample time to clear the pool area before lightning is within close range.
- **Barbara and Ed Mendel Splash Park:** All pool rules apply. Children ages 12 and under must be accompanied by an adult 18 years of age or older.

AQUATICS PROGRAMS

To learn more, please visit
atlantajcc.org/aquatics

Swim Lessons

Teaching your child to swim is one of the best things you can do for their safety and physical development! Schedule individual and small group private swim lessons for your child to learn this essential lifelong skill. *Learn more and register at atlantajcc.org/swimlessons.*

Swim Team

Have fun and stay active! The Zaban Sharks Swim Team is a year-round recreational and competitive swim team for swimmers of all levels. Children ages 4-18 enjoy the exhilaration of competition while forming friendships, practicing good sportsmanship, and advancing their swim technique! *Sign up at atlantajcc.org/swimteam.*

Water Aerobics Classes

Get moving while building muscle with exercises that are adaptable to your fitness and comfort levels! This cardio-based workout uses the resistance of the water to add intensity and enhance strength. Reservations are required via **MJCCA active**. Visit atlantajcc.org/waterfitnessschedule to see class times.