



To learn more, please visit
atlantajcc.org/aquatics

Sept 16 - Mid-May

POOL HOURS & INFO

INDOOR POOL

Mon-Thurs: 5:30 am - 9:00 pm

Fri: 5:30 am - 6:00 pm

Sat: 8:00 am - 6:00 pm

Sun: 8:00 am - 8:00 pm, with Women's Only Swim 6:00 - 7:00 pm

Certain lanes may be unavailable due to water fitness classes, swim lessons, and swim team.

Reservations are required for water fitness classes and swim lanes via the **MJCCA active** app. Lane reservations are required for both lap swim and free swim, and can be easily made in the app or below on this page. Reservations are available up to 7 days in advance and there will be two reservations in each lane per hour. **MJCCA active** will also help you stay in the loop with real-time pool updates.

How to log in to MJCCA active

1. Download the free **MJCCA active** app from the App Store or Google Play.
2. Launch the **MJCCA active** app and enter the email address associated with the MJCCA Registration & Payment Portal. Note: A unique email address, not shared with another person, is required to use MJCCA active.
3. Check your email for a pin number. If you do not see the email, check your spam folder.
4. Create your app password and enter your PIN to log in.

If you have trouble logging in or if your email address is not recognized, or if you have any questions, please call 678.812.4000 or email info@atlantajcc.org.

MODIFIED HOURS & CLOSINGS

Wed, Oct 2 *Erev Rosh Hashanah*
5:30 am - 3:00 pm

Thurs, Oct 3 & Fri, Oct 4 *Rosh Hashanah*
Closed

Fri, Oct 11 *Kol Nidre*
5:30 am - 3:00 pm

Sat, Oct 12 *Yom Kippur*
Closed

Wed, Oct 16 *Erev Sukkot*
5:30 am - 6:00 pm

Thurs, Oct 17 & Fri, Oct 18 *Sukkot*
Closed

Wed, Oct 23 *Erev Sh'mini Atzeret*
5:30 am - 6:00 pm

Thurs, Oct 24 *Sh'mini Atzeret*
Closed

Fri, Oct 25 *Simchat Torah*
Closed

Wed, Nov 27 *Thanksgiving Eve*
5:30 am - 6:00 pm

Thurs, Nov 28 *Thanksgiving*
8:00 am - 1:00 pm

Fri, Nov 29 *Day After Thanksgiving*
8:00 am - 1:00 pm

Tues, Dec 24 *Christmas Eve*
8:00 am - 1:00 pm

Wed, Dec 25 *Christmas*
8:00 am - 4:00 pm

Tues, Dec 31 *New Year's Eve*
8:00 am - 1:00 pm

Please see atlantajcc.org/hs for a full list of abridged hours and closings.

POOL POLICIES

- If you have had any of these symptoms in the past 24 hours — fever of 100.4 or higher, cough, chills, headache, shortness of breath, sore throat, new loss of taste or smell, muscle pain — we ask that you please stay home for the health and safety of our entire MJCCA family.
- NO GLASS CONTAINERS • NO OUTSIDE ALCOHOL • NO SMOKING
- No solo bathing.
- No swimming without a lifeguard on duty.
- No diving in shallow water.
- No breath-holding or prolonged underwater swimming.
- Proper bathing attire is required.
- Shower and rinse thoroughly before entering the pool.
- Only water bottles are allowed in the pool area. No food, drink or gum is permitted within five (5) feet of the pool.
- No running, rough, or boisterous play is allowed.
- Do not hang on lane lines or cross lanes.
- No spitting, spouting, blowing nose, or any other bodily excretions permitted.
- No person with open sores, skin conditions, or any communicable conditions are permitted in the pool.
- Lifeguard has final authority in all safety issues. Guards have authority to enforce all pool rules. Patrons who repeatedly violate the rules may be denied use of the pool complex by the Manager on duty.
- No person shall behave in such a manner as to jeopardize the safety, health and enjoyment of himself/herself and others. Doing so is grounds for expulsion.
- No animals in pool or on pool deck, other than Seeing Eye dogs.
- Children are encouraged to play in the upper pools on the weekends. Please be considerate of those members swimming laps in the lower pool.
- **Membership:** A valid membership is required to access the pool facility. All members must present a valid membership card to personnel each time they visit the pool. Guests must check in before using the indoor or outdoor pool.
- **Children:** Children under the age of 13 must be accompanied by an adult 18 years of age or older in and around the pool. Swim diapers are required for those not potty trained.
- **Swim Diaper Policy:** All children under the age of 4 who are not fully potty trained must wear a disposable swim diaper under a reusable polyester/cotton (machine washable) swim diaper. Non-disposable swim diapers provide a tighter fit, which helps avoid lengthy pool closures due to accidents. Both diapers MUST be worn underneath a swimsuit. If this policy is not adhered to, children will not be permitted to enter our pools.
- **Starting Blocks:** Starting blocks are reserved for use by swim team and swim lessons only.
- **Water Slides:** The height requirement is 48" for the Shoob Slide and 42" for the Silverman Slide.
- **Floats:** Large floats are not permitted.
- **Personal Flotation Devices (PFD):** All PFDs must be US Coast Guard Certified. A parent/guardian must be within arms' reach of each child using a PFD.
- **Weather:** Our facility is equipped with a lightning warning system that alerts us when lightning is in the surrounding area. The warning allows us ample time to clear the pool area before lightning is within close range.
- **Barbara and Ed Mendel Splash Park:** All pool rules apply. Children ages 12 and under must be accompanied by an adult 18 years of age or older.

AQUATICS PROGRAMS

To learn more, please visit
atlantajcc.org/aquatics

Swim Lessons

Teaching your child to swim is one of the best things you can do for their safety and physical development! Schedule individual and small group private swim lessons for your child to learn this essential lifelong skill. *Learn more and register at atlantajcc.org/swimlessons.*

Swim Team

Have fun and stay active! The Zaban Sharks Swim Team is a year-round recreational and competitive swim team for swimmers of all levels. Children ages 4-18 enjoy the exhilaration of competition while forming friendships, practicing good sportsmanship, and advancing their swim technique! *Sign up at atlantajcc.org/swimteam.*

Water Aerobics Classes

Get moving while building muscle with exercises that are adaptable to your fitness and comfort levels! This cardio-based workout uses the resistance of the water to add intensity and enhance strength. Reservations are required via **MJCCA active**. Visit atlantajcc.org/waterfitnessschedule to see class times.