

ENTREPRENEUR JOY MANGANO

Joy Mangano was introduced to movie audiences in 2015 when Jennifer Lawrence portrayed her in “Joy” the story of a single mother whose self-wringing Miracle Mop invention changed her life. Lawrence was nominated for an Academy Award for the performance.

Mangano’s new book, “Inventing Joy: Dare to Build a Brave & Creative Life,” reveals even deeper aspects of Mangano.

“‘Inventing Joy’ is my whole journey, from beginning to now, and everything I’ve learned along the way,” she says. “When you read it, you’ll realize it could have been 10 movies.”

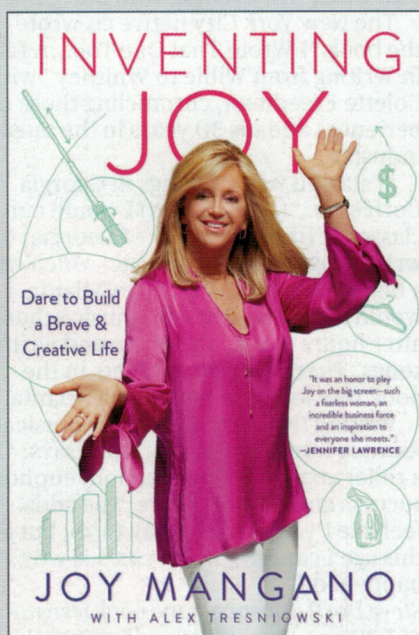
Writing the book helped Mangano see that she’s toppled some self-imposed obstacles.

“It wasn’t until I sat down and tried to put it all on paper that I realized that my principles, my guidelines, all those lessons I learned along the way, they dispel a lot of the myths out there that we believe in and that ultimately hold us back,” Mangano adds. “What I’ve learned is so universal. And I realized that my life [lessons], my ‘blueprint,’ can be used by anyone who wants to make their life a little better and a little brighter.”

Joy Mangano appears at the book festival at 7:30 p.m. on Nov. 13. joymangano.com



PHOTOS COURTESY JOY MANGANO



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