

PRIVATE PERSONAL TRAINING / PILATES PACKAGES & RATES

1 Hour Options

	Per hour	Total Package (pay in full)	Monthly payments
1 session	\$66	\$ 66	N/A
6 sessions	\$63	\$ 378	N/A
13 sessions	\$60	\$ 780	\$390 for 2 months
26 sessions	\$58	\$1508	\$502.66 for 3 months

30 Minute Options

	Per hour	Total Package (pay in full)	Monthly payments
1 session	\$33	\$ 33	N/A
6 sessions	\$31.50	\$ 189	N/A
13 sessions	\$30	\$ 390	N/A
26 sessions	\$29	\$754	\$251.33 for 3 months

SEMI-PRIVATE PERSONAL TRAINING / PILATES PACKAGES & RATES

1 Hour Options

	Per hour	Total Package (pay in full)	Monthly payments
1 session	\$49 per session	\$ 98	N/A
6 sessions	\$47.50 per session	\$ 570.00 (\$285.00 per person)	N/A
13 sessions	\$44.50 per session	\$ 1157 (\$578.50 per person)	\$289.25 for 2 months (per person)
26 sessions	\$42 per session	\$2236 (\$1118 per person)	\$279.50 for 4 months (per person)

30 Minute Options

6 sessions	\$23.75 per session	\$ 285 (\$142.50 per person)	N/A
13 sessions	\$22.25 per session	\$ 578.50 (\$289.25 per person)	N/A
26 sessions	\$21.50 per session	\$1118 (\$559 per person)	\$279.50 for 2 months (per person)

*All payments are due at the beginning of contract and payments thereafter at the middle or end of the month

*Payment options will be granted on a case to case basis, provided proper documentation

* For more information regarding Personal Training/Pilates Services, please contact (678) 812-4022

* **There are no refunds for unused personal training sessions**

*All training sessions/packages will expire from one year on date of purchase

*Twenty-four (24) hour notice is required for all cancellations or else client will be charged for the training session. Exceptions are at the discretion of your trainer