

### 2018-2019 PRIVATE PERSONAL TRAINING / PILATES PACKAGES & RATES

#### 1 Hour Options

	Per hour	Total Package (pay in full)	Monthly payments
1 session	\$68	\$ 68	N/A
6 sessions	\$65	\$ 390	N/A
13 sessions	\$62	\$ 806	\$403.00 for 2 months
26 sessions	\$60	\$1560	\$520.00 for 3 months

#### 30 Minute Options

	Per hour	Total Package (pay in full)	Monthly payments
1 session	\$34	\$ 34	N/A
6 sessions	\$32.50	\$ 195	N/A
13 sessions	\$31	\$ 403	N/A
26 sessions	\$30	\$780	\$260.00 for 3 months

### SEMI-PRIVATE PERSONAL TRAINING / PILATES PACKAGES & RATES

#### 1 Hour Options

	Per hour	Total Package (pay in full)	Monthly payments
1 session	\$50.5 per session	\$ 101.00	N/A
6 sessions	\$48.00 per session	\$ 576.00 (\$288.00 per person)	N/A
13 sessions	\$45.50 per session	\$ 1183 (\$591.5 per person)	\$295.75 for 2 months (per person)
26 sessions	\$43 per session	\$2236 (\$1118 per person)	\$372.66 for 3 months (per person)

#### 30 Minute Options

6 sessions	\$24.00 per session	\$ 288 (\$144 per person)	N/A
13 sessions	\$22.75 per session	\$ 591.50 (\$295.75 per person)	N/A
26 sessions	\$21.50 per session	\$1118 (\$559 per person)	\$279.50 for 2 months (per person)

\*All payments are due at the beginning of contract and payments thereafter at the middle or end of the month

\*Payment options will be granted on a case to case basis, provided proper documentation

\* For more information regarding Personal Training/Pilates Services, please contact (678) 812-4022

\* **There are no refunds for unused personal training sessions**

\*All training sessions/packages will expire from one year on date of purchase

\*Twenty-four (24) hour notice is required for all cancellations or else client will be charged for the training session. Exceptions are at the discretion of your trainer