Sherwin Glass Aquatic Center (outdoor pools)

Rules and Swimming Etiquette

- **Membership:** A valid membership is required to access the pool facility. All members must present a valid membership card to personnel each time they visit the pool. Guests can enter with a member for $5 per guest.

- **CHILDREN 12 and under must be accompanied by an adult in and around the pool.**

- **Snack Bar:** The snack bar is open Mondays - Fridays from 4:00 pm until close and all day on Saturdays and Sundays. Snack bar accounts can be set up at [www.atlantajcc.org](http://www.atlantajcc.org) or at the MJCCA Membership Office.

- **Aqua Aerobics:** Sundays from 10:00 am – 11:00 am and Wednesdays at 6:30 pm in the lower pool. Children are not allowed in the pool during those times. On Sundays, the gates will open at 9:45 am for participants. They will be allowed in the water beginning at 10 am.

- **Zaban Sharks Swim Team:** Swim Team practices in the lower pool from 4:15 pm - 6:30 pm, Mondays – Thursdays and 4:15 pm - 6:00 pm on Fridays from May 13th to July 1st. Zaban Sharks home meets are June 13th and June 26th from 4:00 pm - 8:00 pm. No lap lanes are available during these times. Please schedule your swim accordingly.

- **George and Rosalie Alterman Pool (Lower Pool):** Children are encouraged to play in the upper pool on the weekends. Please be considerate of those members swimming laps. Swim lessons will be taught in the lower pool.

- **Starting Blocks:** Starting blocks are reserved for use by swim team and swim lessons only.

- **Lap Swimming:** Lap swimmers are encouraged to share the lanes. Two swimmers per lane are permitted. If swimmers are waiting, please limit your swim to 30 minutes. Please see the supervisor on duty with any questions.

- **Lane Lines:** subject to change 5 minutes prior to scheduled activity.

- **Lake RB:** There will be a lifeguard at the lake on Saturdays and Sundays from 11:00 am – 5:00 pm to allow members the use of boats, kayaks, canoes and to fish. Personal flotation devices must be worn at all times while using a water craft. You must provide your own fishing equipment.

- **Children under 4 years** are required to wear disposable and reusable swim diapers. Lifeguards have the authority to check diapers before the child enters the pool.

- **Closing Policy:** All members must be out of the pools 10 minutes prior to the closing of the facility.

- **Weather:** Our facility is equipped with a lightning warning system that alerts us when lightning is in the surrounding area. The warning allows us ample time to clear the pool area before lightning is within close range.

- **Floats:** Large floats are not permitted.

- **Personal flotation devices (PFD):** Must be US Coast Guard Certified. A parent/guardian must be within arm’s reach of each child using a PFD.

- **No glass containers…No alcohol allowed in the pool area… No Smoking.**

- **The Northside Hospital Family Aquatic Center (Indoor pool) will be open from 8:00 am – 12:00 pm on Saturdays from Memorial Day to Labor Day.**

- **Barbara and Ed Mendel Splash Park:** All pool rules apply. Children ages 12 and under must be accompanied by an adult.

- **Pool Parties:** For more information or to schedule your party please contact aquatics@atlantajcc.org.

- **For a complete list of MJCCA Aquatic Programs please visit our website at atlantajcc.org/aquatics.**

Contact Information:
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