



Swim Lesson
Parent Handbook

Private Swim Lessons

- **Days Swim Lessons are offered:**
 - Monday-Friday 10am-4pm and various times on Sundays.
 - Time availability is contingent on instructor availability.
 - Please give your preference of day and times on your swim lesson request form so that we can best match your request.
- **Private Lessons (1:1 Ratio)**
 - \$37 per lesson \$314 for a set of 10 lessons
- **Semi-Private Lessons (2:1 Ratio)**
 - \$26 per lesson/per swimmer \$244 for a set of 10 lessons/per swimmer
 - ***You must have your other partners confirmed at registration, we do NOT place partners***
- **Private Group Lessons (3-5:1 Ratio)**
 - \$20 per lesson/per swimmer \$170 for a set of 10 lessons/per swimmer
 - ***You must have your other partners confirmed at registration, we do NOT place partners***
- **Membership**
 - You must have a type of JCC membership to participate in swim lessons
 - The membership must cover the participant i.e. a single membership is **NOT** going to cover a child, niece, or cousin of the single member.
 - Summer JCC memberships are valid for you to participate during the timeframe of the summer membership.
 - We do have a non-member option, you may purchase a swim lesson membership for an additional \$130 that will allow you to **ONLY** access the facility for your swim lessons for 3 months. This membership will need to be renewed every 3 months to continue swim lessons.

Please note that swim lesson day and times are available on a first come first serve basis. Aquatics management process each registration in the order they were received.

When your registration is confirmed

- You will receive a confirmation email with our FAQ's, this parent handbook, a snapshot of all your scheduled swim lesson dates, as well as your swim instructors email address for communication and rescheduling purposes.
- All schedule changes need to be communicated between the participants (or parents of participants) and the swim instructor.

Accidents

- Your instructor will notify you of an accident in the pool that may affect your swimmers swim lesson time.
- In the case of an accident you will **NOT** be charged for that lesson if you have had **LESS THAN** half (15 minutes or less) of the lesson taught at the time of the accident.
- If you have had **MORE THAN** half (15 minutes or more) of the lesson taught at the time of the accident your lesson will count towards your series.

3 Strikes Policy

- If your swimmer closes the pool 3 times within a 2-month time, then you will be **REQUIRED** to either move swim times or discontinue swim lessons depending on the situation.

Double Swim Diaper Policy

- All swimmers under the age of 4 years old are **ALWAYS** required to wear a reusable **AND** a disposable swim diaper while participating in the MJCCA's Aquatics programming.
- This is **REQUIRED** regardless of whether the child is potty trained.

Cancellations and Rescheduling

- Clients are required to give 24 hours' notice of **ANY** cancellation.
- If notice is NOT given, then you will be charged for the lesson.
- This applies for any PVC camp weeks with the Weinstein school.
- Notice should be given via email.
- **Rescheduling Semi Private Lessons:**
 - If you are in a semi private group and one of your participants is unable to swim below are the scenarios:
 - If the missing participant gives 24 hours' notice, then the remaining partner has the choice to either skip that week or have a private lesson at an additional charge of \$37.

- If they do not give 24 hours' notice, then the remaining partner can still swim without an additional charge. The swimmer that is unable to attend will miss that lesson and it will count towards their series.
- **Rescheduling Private Group Lessons:**
 - If you are in a private group lesson and one or more of your participants is unable to swim below are the scenarios:
 - If the missing participant gives 24 hours' notice then the remaining partners have the choice to either skip that week or have an additional group (\$20 additional), semi private (\$26 additional) or private lesson (\$37 additional) depending on the ratios of the left-over swimmers.
 - Please note that all remaining parties **MUST** agree on the ratio moving forward.
 - If the missing participant does not give 24 hours' notice, then the remaining partners can still swim without an additional charge. The swimmer(s) that is unable to attend will miss that lesson and it will count towards the group's series.
- *Please note that most of the time clients will skip the week if their partner cannot attend and add that lesson onto the end of their series.*
- **Instructor Cancellations**
 - If you receive 24 hours' notice your lesson will be added to the end of your series.
 - If you do not receive 24 hours' notice you will receive a free lesson added to your series.

Progress Reports

- You will receive a "Your progress report is ready!" email from Aquatics management every other month during your swim lessons.
 - Once you receive your "Your progress report is ready!" email click "Here" in the email to access our website.
 - Once you are on the website enter your swimmer's participant # which you will find on your email to view your progress report.
 - If you have any questions, please ask aquatics management.

About our Swim Instructors

All our swim instructors are either WSI or USA Swim Coaching certified. Safety is our number one priority at the pool! We always strive to teach safety first and then progress into stroke technique and development.

Most have been put in charge of supervising our outdoor pool and/or coaching our swim team as well!

Weinstein School Private Lessons

Weinstein school participants are encouraged to swim with us during their school day!

- **Scheduling**
 - It is encouraged that when you request your first 3 days and times at registration that you confirm with your classroom prior to make sure that their swim time doesn't interfere with any specials or other important activities.
 - Make sure to include your child's room number on your registration form to ensure that they are picked up in a timely manner.
- **Getting to the Pool**
 - We have transporters that bring all swimmers to and from their swim lessons during the day. Teachers receive a list daily from Aquatics management as to when swimmers are swimming throughout the day.
- **PVC Camp**
 - Aquatics staff do **NOT** transport swimmers during PVC camp times.
 - Parents are still responsible for communicating if their swimmer will be attending their lessons during this time.

Summer Camp Private Lessons

Yes! You can have swim lessons while at camp too!

- **Scheduling**
 - For summer camp swim lessons on your registration form make sure to include which weeks your swimmer is in which camp.
 - This is essential to scheduling swim lessons so that we can try our best to schedule them **DURING** your swimmer's free swim time.
 - Please remember these lessons are on a first come first serve basis as well as based on instructor availability.
 - We will have a transporter available to take swimmers to and from swim lessons if you decide to schedule your swimmers' lessons right before or right after your child's camp groups swim time.

Swim Classes

We offer various types of swim classes throughout the year

- **Mommy, Daddy and Me Swim:**
 - This class will introduce your child to the water in a fun and safe environment. In your reassuring arms, your child will gain important pre-swimming skills such as floating, kicking and bubble blowing. Classes are small and friendly with up to eight participants. Parents or caregivers must be in the water with their child, and children must wear both swim diapers.
 - Offered on Sundays
 - Ages 8 months-24 months
- **Preschool Swim Class:**
 - Classes combine the latest instructional techniques with traditional favorites and follow American Red Cross methods and guidelines. Participants develop top-notch swimming skills that serve as the foundation for a lifetime of aquatic activity. Students are grouped by age and ability level. There is a minimum of 3 participants and a maximum of 5 participants per class.
 - Offered on Sundays
 - Ages 3 years- 5 years
- **Stroke Booster:**
 - This class is geared towards experienced swimmers that need specific technical work for their strokes. Participants in this class will be able to work on specific inconsistencies within each of their strokes once a week with a certified swim team instructor. Swimmers will learn specifics within the sport of swimming to improve their strokes and give them a boost into the world of competitive swimming.
 - Offered on Sundays
 - Ages 5 years to 18 years
- **Intensive Boot Camp (Summer ONLY):**
 - Summer boot camp is a 1-week course for 5 consecutive days. This class is a crash course for swimming designed to get optimal results in a short period of time. Participants will learn proper head and body position, treading water, side breathing, and more.
 - Offered various weeks during the summer
 - Ages 3 years to 10 years

Please visit our website and program guide for specific offerings of the above-mentioned swim classes.